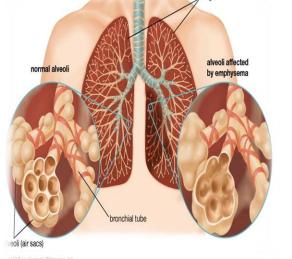


STUDY GUIDE

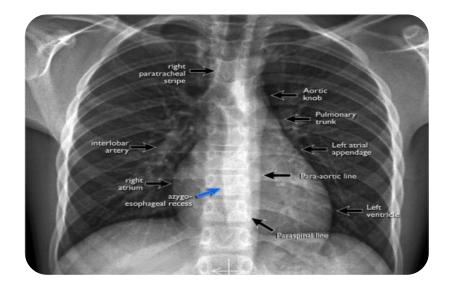
RESPIRATORY II MODULE

THIRD YEAR MBBS

Duration: 4.5 WEEKS 6th FEB-14th MARCH 2020











STUDY GUIDE FOR RESPIRATORY II MODULE

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Module name: Respiratory II Year: Three Duration: 4.5 weeks (Feb-Mar 2020)

Timetable hours: Lectures, Case-Based Integrated Learning (CBIL), Clinical Rotations, learning experience in LNH outreach centers, Laboratory, Practical, Demonstrations, Skills, Self-Study

MODULE INTEGRATED COMMITTEE

MODULE COORDINATOR:	Dr. Saima Akhter (Coordinator)
CO-COORDINATORS:	Dr. AfifaTabassum (DHCE)

DEPARTMENTS & RESOURCE PERSONS

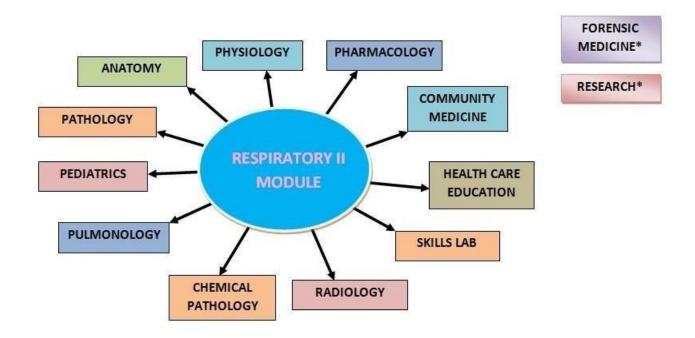
DEPARTIVIENTS	& RESOURCE PERSONS					
BASIC HEALTH SCIENCES	CLINICAL AND ANCILLARY DEPARTMENTS					
ANATOMY	CHEMICAL PATHOLOGY					
 Professor Zia-ul-Islam 	Dr. Humaira Howrah Ali					
COMMUNITY MEDICINE	PEDIATRICS					
Dr. Saima Zainab	Professor Samina Shamim					
FORENSIC MEDICINE	PULMONOLOGY					
Professor Murad Zafar Marri	Professor Ali Arsalan					
	Dr. Saima Akhter					
PATHOLOGY	RADIOLOGY					
Professor Naveen Faridi	Dr. Misbah Tahir					
- Troressor Naveen Faria	2.7.7.7.5.5.7.7.5.7.7.					
PHARMACOLOGY	RESEARCH & SKILLS DEVELOPMENT CENTER					
Professor Nazir Ahmad Solangi	Dr Kahkashan Tahir					
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PHYSIOLOGY	RESEARCH					
Professor Syed Hafeez-ul-Hassan	Dr. Shaheena Akbani					
DEPARTMENT of HEA	ALTH CARE EDUCATION					
=	Sobia Ali • Dr. Afifa Tabassum					
_	Mehnaz Umair					
LNH&MC M	IANAGEMENT					
Professor K.U. Makki	Professor K.U. Makki, Principal, LNH&MC					
Dr. Shaheena Akbani, Director A.A & R.T LNH&MC						
STUDY GUIDE COMPILED BY: Faiza Ambreen, Department of Health Care Education						

CURRICULUM FRAME WORK

Students will experience integrated curriculum similar to previous modules of all 4 semesters.

INTEGRATED CURRICULUM is comprised of system-based modules such as Infectious Diseases, Hematology, Respiratory system and CVS which links basic science knowledge to clinical problems. Integrated teaching means that subjects are presented as a meaningful whole. Students will be able to have better understanding of basic sciences when they repeatedly learn in relation to clinical examples.

INTEGRATING DISCIPLINES OF RESPIRATORY II MODULE



Note: *Forensic Medicine Curriculum & Research will run parallel in 5th and 6th Semester

LEARNING METHODOLOGIES

Teaching/Learning Technique	Icons
Interactive Lectures	
Clinical learning experiences	
Small Group Sessions	
Case- Based Learning	
Practicals / Skills session	
Simulation-based learning	
Self-Study	

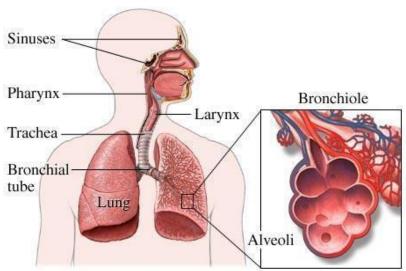
MODULE 3: RESPIRATORY II

RATIONALE

The Respiratory II (RES II) module is designed to consolidate, and build on the Respiratory I module which covered basic medical sciences concepts for understanding the causes and treatment of diseases.

Tuberculosis is considered to be a major cause of ill health in Pakistan. The annual incidence rate of infectious Tuberculosis cases is estimated to bebetween85-100/100,000 persons. TheexactprevalenceofCOPDin Pakistan is not known, but a large number of patients attend outpatient and emergency departments across most of the country. The socio economic burden of COPD is considerable. Apart from smoking, urban air pollution is an important cause of COPD. Pakistanatpresent falls into a low risk lung cancer region in females and a moderate risk region for males and the highest registered increase between 1995 and 2002 was observed in the older age groups (65+).

RES (II) will focus on the respiratory system, its associated diseases, treatment options, and prevention of the diseases such as obstructive lung diseases, hypersensitivity related diseases, pulmonary infections, respiratory failure and restrictive lung diseases. The community medicine learning will aim at sessions on preventive medicine and various program such as TB, DOTS and National tuberculosis control program of Pakistan. The module will enable students to relate their theoretical knowledge to real practice through common clinical presentations, case-based discussions, interactive lectures, patient interactions and simulated-based learning.



- 1. DeMuynckA, SiddiqiS, GhaffarA, SadiqH. Tuberculosis controlin Pakistan: critical analysis of its implementation. JPak Med Assoc. 2001 Jan; 51(1):41-7.
- 2. Anwar SK, Mehmood N, Nasim N, Khurshid M, Khurshid B. Sweeper's lungdisease: across-sectional study of an overlooked illness among sweepers of Pakistan. International journal of chronic obstructive pulmonary disease. 2013; 8:193
- 3. BhurgriY,BhurgriA,UsmanA,SheikhN,FaridiN,MalikJ,AhmedR,KayaniN,PervezS,HasanSH.Patho-epidemiology of lung cancer in Karachi (1995-2002). Asian Pacific journal of cancer prevention. 2006 Jan 25;7(1):60.

COURSE OBJECTIVES AND STRATEGIES

At the end of the module the students will be able to:

OBJECTIVES	FACULTY	LEARNING STRATEGY
OBSTRUCTIVE LUNG DISEASES (COPD)		
Perform Respiratory System Examination	Skills Lab & Pulmonology	
Perform Respiratory System Examination	Pulmonology	
Take detailed history of patients with respiratory diseases	Pulmonology	90000
Review clinical anatomy of Thoraxincluding thoracic wall, lungs and trachea-bronchial tree	Anatomy	
Correlate the different developmental stages of Lung with its congenital anomalies	Anatomy	
Discuss the surface marking of clinically relevant areas of the respiratory system		
Describe the different volumes and capacities of lungs	Physiology	
Correlate clinical presentation and investigations with different pulmonary diseases	Pulmonology	••
Discuss the epidemiology, patho-physiology and etiology of COPD		
 Explain the clinical presentation of COPD Discuss the investigations required for the diagnosis of COPD Describe the management plan of COPD 	Pulmonology	
Discuss the differential diagnosis of granulomatous inflammation including TB		
Identify histopathological features of a patient suffering from chronic obstructive pulmonary disease		(The Mist

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3RD YEAR MBBS RESPIRATORY II MODULE

LIAQUAT NATIONAL MEDICAL COLLEGE	3 RD YEAR MBBS RESI	PIKATOKTIIWODULE
 Explain the etiology and pathogenesis of the following: 1. Chronic bronchitis 2. Bronchiectasis 3. Asthma 4. Emphysema Discuss pathogenesis of Anaphylaxsis 	Pathology	
HYPERSENSITIVITY RELATED DISEASES (Asthma)		
 Explain the role of histamine and antihistamines in bronchial asthma Describe the mechanism of action, pharmacological properties, clinical uses and 		
 adverse effects of antihistamines Discuss the drugs used in prophylaxis of asthma Describe drugs used in acute attack of asthma Discuss the treatment of status asthmatics Explain the adverse effect of different drugs used in asthma Justify different treatment plans for asthma on the basis of severity of disease (mild, moderate, severe) Demonstrate the methods of administration of drugs used in asthma including nebulizer and inhaler Discuss drugs used in COPD 	Pharmacology	
 Discuss the epidemiology, pathophysiology, etiology, and contributing factors related to the development of asthma Describe the clinical presentation, diagnosis and investigations of asthma Classify asthma on the basis of clinical presentation into mild, moderate, life threatening and near fatal asthma Review the pharmacologic treatments for different types of asthma Describe long-term asthma management plan including pharmacological, physical and occupational therapy 	Pulmonology	
Discuss the etiology, pathogenesis, clinical presentation and management of asthma in children	Pediatrics	
Describe the prevalence, causes and primary prevention of asthma	Community Medicine	

	IRATORYIIMODULE
Pediatrics	
Pulmonology	
Pathology	
Community	
Medicine	
Pulmonology	
Community Medicine	
Pathology	
Pulmonology	
	Pediatrics Pulmonology Pathology Community Medicine Pulmonology Community Medicine Pathology

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3RD YEARMBBS RESPIRATORY II MODULE

	LIAQUAT NATIONAL MEDICAL COLLEGE	3" YEAR MBBS RES	PIRATORTHINODOLE
•	Correlate the normal acid base balance of the body with		
	levels of pH, PCO2, PO2 and HCO3		
•	Interpret the ABG report on the basis of pH,		
	PCO2 and HCO3 levels	Chemical	
•	Diagnose the different acid base disorders along with	Pathology	
	the compensatory responses	ruthology	
•	ExplainPulmonary hypertension and diseases of vascular	Pathology	
	origin	<u> </u> =	1
•	Discuss pathogenesis of pulmonary embolism		
	and infarction		-
•	Correlate the etiological factors with development of ARDS		
•	Discuss the diagnostic features of ARDS		
•	Explain various treatment strategies for ARDS	Pulmonology	
•	Discuss pharmacological and non-pharmacological		
	therapies for the management of patients with or at		
	risk ARDS		
	עוועט		
•	Describe the basic concepts of arterial blood gases(ABGs)	Physiology	
•	Perform ABGs sampling	Skills Lab	
			-
•	Explain the normal constituents of pleural fluid, mainly pH,		00000
	protein, glucose and lactatedehydrogenase(LDH)		a a maria
•	Differentiate between exudative and transudative	Chemical	
	pleural fluid	Pathology	2465-0775W
•	List the causes of exudative and transudative pleural effusions		
RE	STRICTIVE LUNG DISEASES & TUMORS		
	Discuss, classification, etiology and pathogenesis of		
	restrictive lung diseases		•
	restrictive lung diseases		
•	Differentiate between obstructive and restrictive lung	Pathology	
	disease on the basis of pathogenesis, clinical presentation		99999
	and pulmonary function tests		A TONGER
	• •		THE DEATH
•	Describe the general and specific preventive measures		
	against various pneumoconiotic diseases such assilicosis,	Community	
	bysinosis, asbestosis, anthracosis etc	Medicine	
•	Explain the prevention and control of chicken pox	iviedicine	
•	Explain the prevention and control of Influenza		
•	Explain risks, control measures, common pathogens		
	among travelers		. 📾
•	Define the role of International health regulations for		
<u> </u>	travelers	D. Lees of	
•	Describe the clinical features, investigations	Pulmonology	
	and management plans for restrictive lung		

3RD YEARMBBS RESPIRATORY II MODULE

LIAQUAT NATIONAL MEDICAL COLLEGE	3 TEAR WIDES RESP	IRATORY II WODULE
diseases		
Discuss the imaging techniques in respiratory disease	Radiology	
Classify lung tumorsDescribe characteristics of lung tumors		
Explain the microscopic features of lung tumors	Pathology	S ALA
 Describe classification of bronchogenic carcinomas List risk factors of lung cancer Discuss clinical features and investigations for bronchogenic carcinoma Explain staging of bronchogenic carcinoma Describe management plan and complications of bronchogenic carcinoma 	Pulmonology	•••
FORENSIC MEDICINE		
 Post Mortem Examination Describe the objectives, rules, essentials, and precautions for postmortem or autopsy examination Discuss the different types of autopsy Medico legal Autopsy Describe procedure of medico legal autopsy Describe importance of examination of dead body at scene 		
Exhuming The Dead		
Describe Exhumation of human remains for medico- legal purposes Negative and Obscure autopsy		
Explain Negative and Obscure autopsy		
 Postmortem Artifacts. Discuss the different types of postmortem artifacts Discuss the Preservatives used in mortuary 	Forensic Medicine	
Post mortem Autopsy report		
Describe a post mortem autopsy report		

3RD YEAR MBBS RESPIRATORY II MODULE LIAQUAT NATIONAL MEDICAL COLLEGE **Asphyxial deaths** Classify asphyxial deaths Explain etiology & patho-physiology of asphyxia Discuss Cause of Death (COD) in asphyxia Differentiate between Suicide and Murder, and Accidental deaths Differentiate between Antemortem and Postmortem appearances Mechanical asphyxia I Describe classical signs, cause of death, fatal period, and postmortem appearances of the followings: Hanging Strangulation Throttling Smothering o Traumatic asphyxia Mechanical asphyxia II Describe classical signs, cause of death, fatal period, and postmortem appearances of the followings: Sexual asphyxia Suffocation/Environmental asphyxia Gagging/Choking Café coronary **Drowning** Explain Drowning & Immersion Describe postmortem examination of bodies recovered from water Discuss Pesticide poisons/Metallic poisons-Lead,

2020 Page|12

Mercury Poisoning

LEARNING RESOURCES

SUBJECT	RESOURCES
	TEXT BOOKS
ANATOMY	Clinical Anatomy by Richard Snell
PHYSIOLOGY	TEXT BOOKS
	1. Textbook Of Medical Physiology by
	Guyton And Hall
	TEXT BOOKS
	1. Community Medicine by Parikh
COMMUNITY MEDICINE	2. Community Medicine by M Illyas
	3. Basic <i>Statistics</i> for the Health Sciences by Jan W Kuzma
	TEXT BOOKS
	Nasib R. Awan. Principles and practice of Forensic Medicine 1st
	ed. 2002.
	 Parikh, C.K.Parikh'sTextbook of Medical Juris prudence, Forensic Medicine and Toxicology. 7th ed.2005.
	REFERENCE BOOKS
	3. Knight B. Simpson's Forensic Medicine. 11thed.1993.
	4. KnightandPekka.Principlesofforensicmedicine.3rded.2004
	5. Krishan VIJ. Text book of forensic medicine and
	toxicology (principles and practice). 4th ed. 2007
	 Dikshit P.C. Text book of forensic medicine and toxicology. 1st ed. 2010
FORENCIA MEDICINE	7. Polson.Polson's Essential of Forensic Medicine. 4 the dition.
FORENSIC MEDICINE	2010.
	8. Rao. Atlas of Forensic Medicine (latest edition).
	9. Rao. Practical Forensic Medicine 3rd ed ,2007.
	10. Knight:Jimpson'sForensicMedicine10th1991,11thed.1993
	11. Taylor's Principles and Practice of Medical Jurisprudence. 15th ed. 1999
	CDs:
	1. Lectures on Forensic Medicine.
	2. Atlas of Forensic Medicine.
	WEBSITES:
	www.forensicmedicine.co.uk

3RD YEAR MBBS RESPIRATORY II MODULE

REFERENCE BOOKS:	
GENERAL MEDICINE	Hutchison's Clinical Methods, 23 rd Edition
	 MacLeod's clinical examination 13th edition
	 Davidson's Principles and Practice of Medicine
	 Kumar and Clark's Clinical Medicine
	HCAI guidelines CDC
	WHO TB guidelines
	WEBSITES:
	 http://lej4learning.com.pk/category/applied-
	sciences/medicine/
	 http://www.nejm.org/page/about-nejm/multimedia-and-images
PATHOLOGY/MICROBIOLOGY	TEXT BOOKS
	 Robbins & Cotran, Pathologic Basis of Disease, 9th edition.
	Rapid Review Pathology, 4thedition by Edward F. Goljan MD
	WEBSITES:
	http://library.med.utah.edu/WebPath/webpath.html
	http://www.pathologyatlas.ro/
PEDIATRICS	TEXT BOOK:
	Basis of Pediatrics (8 th Edition Pervez Akbar)
	Textbook of Pediatrics (5th Edition) by PPA
PHARMACOLOGY	TEXT BOOKS
	Lippincot Illustrated Pharmacology
	Basic and Clinical Pharmacology by Katzung
	basic and chinical rhathlacology by Natzung

ADDITIONAL LEARNING RESOURCES

Hands-on Activities / Practical	Students will be involved in Practical sessions and hands-on activities that link with the respiratory II module to enhance the learning.
Labs	Utilize the lab to relate the knowledge to the specimens and models available.
Skills Lab	Provides the simulators to learn the basic skills and procedures. This helps build the confidence to approach the patients.
Computer	To increase the knowledge students should utilize the available internet
Lab/CDs/DVDs/Internet	resources and CDs/DVDs. This will be an additional advantage to increase learning.
Resources:	
Self-directed learning	Self-directed learning is scheduled to search for information to solve cases, read through different resources and discuss among the peers and with the faculty to clarify the concepts.

ASSESSMENT METHODS:

- Best Choice Questions(BCQs) also known as MCQs (Multiple Choice Questions)
- Objective Structured Practical/Clinical Examination (OSPE or OSCE)

BCQs:

- A BCQ has a statement or clinical scenario of four options (likely answers).
- Correct answer carries one mark, and incorrect 'zero mark'. There is NO negative marking.
- Students mark their responses on specified computer-based sheet designed for LNHMC.

OSCE:

- All students rotate through the same series of stations in the same allocated time.
- At each station, a brief written statement includes the task. Student completes the given task at one given station in a specified time.
- Stations are observed, unobserved, interactive or rest stations.
- In unobserved stations, flowcharts, models, slide identification, lab reports, case scenarios may be used to cover knowledge component of the content.
- Observed station: Performance of skills /procedures is observed by assessor
- Interactive: Examiner/s ask questions related to the task within the time allocated.
- In Rest station, students in the given time not given any specific task but wait to move to the following station.

Internal Evaluation

- Students will be assessed comprehensively through multiple methods.
- 20% marks of internal evaluation will be added to JSMU final exam. That 20% may include class tests,
 assignment, practicals and the internal exam which will all have specific marks allocation.

Formative Assessment

Individual department may hold quiz or short answer questions to help students assess their own learning.

The marks obtained are not included in the internal evaluation

For JSMU Examination Policy, please consult JSMU website!

More than 75% attendance is needed to sit for the internal and final examinations

LNH&MC EXAMINATION RULES & REGULATIONS

- Student must report to examination hall/venue, 30 minutes before the exam.
- Exam will begin sharp at the given time.
- No student will be allowed to enter the examination hall after 15 minutes of scheduled examination time.
- Students must sit according to their roll numbers mentioned on the seats.
- Cell phones are strictly not allowed in examination hall.
- If any student is found with cell phone in any mode (silent, switched off or on) he/she will be not be allowed to continue their exam.
- No students will be allowed to sit in exam without University Admit Card, LNMC College ID Card and Lab Coat
- Student must bring the following stationary items for the exam: Pen, Pencil, Eraser, and Sharpener.
- Indiscipline in the exam hall/venue is not acceptable. Students must not possess any written material or communicate with their fellow students.

SCHEDULE:

WEEKS	3 RD YEAR	DATE
	INFECTIOUS DISEASES MODULE	2 nd Dec 2019
WEEK 1-5.5		
		7 th Jan 2020
	1-4.5 HEMATOLOGY MODULE	8 th Jan 2020
WEEK 1-4.5		
		4 th Feb 2020
WEEK 1-4.5	RESPIRATORY MODULE	6 th Feb 2020
		14 th March 2020
WEEK 1-4	CVS MODULE	16 th March 2020
		11 th April 2020
	LNHMC MID-TERM EXAM	April*

^{*}Final dates will be announced later